

Kids on the Go Parent Empowered Workshops 2017

Please register for each course by calling 313-332-1026 or sign up online at:
<http://www.signupgenius.com/go/30e0a49acad2ca7fa7-parents1>

July 11 6:30-8:00pm

Time to Unwind

Full Lotus Yoga

Bring your stress and worries to this class and leave them on the mat! Full Lotus Yoga will guide you through relaxation techniques and gentle yoga stretches that you can incorporate into your daily routine - even on your busiest of days. (dress comfortably)

Kitty Deluxe

Kat from Kitty Deluxe offers our caregivers an opportunity to create a reflection stone or bracelet to have as a daily reminder to take time for yourself!

Location: Assumption Cultural Center 21800 Marter Rd, St. Clair Shores

July 18 6:30-8:00pm

6:30-8:00pm

Planning for a Special Future

Speaker: Michele Fuller, Attorney & Counselor at Law

Back by popular demand! Kids on the Go is honored to welcome back Michele Fuller, founder of Michigan Law Center, advisory board member of Academy of Special Needs Planners (ASNP), and Top Special Needs Child Advocate (2013) by Parenting Magazine. She will be joining us to discuss different aspects of special needs planning with focus on Special Needs Fairness Act and ABLE accounts.

Location: Assumption Cultural Center 21800 Marter Rd, St. Clair Shores

July 25 6:30-8:00pm

Children with Special Needs: The Teenage Experience

Speaker: Stephanie Wright, MA, LLP, LPC

Stephanie is a behavioral psychologist who works with children and adolescents with Autism, ADHD, behavioral problems and severe emotional disturbances at the Ted Lindsay Foundation, HOPE Center, Beaumont Children's Hospital. Stephanie provides psychotherapy, behavioral intervention and parent training utilizing evidenced based practices to help families reach their goals. Adolescence and the teen years can be difficult for any parent or caregiver. Stephanie will discuss the journey for those with teens with special needs.

Location: Assumption Cultural Center 21800 Marter Rd, St. Clair Shores

August 1 6:30-8:00pm

Neurocore

Speaker: Nick Bohuis

Come find out what the "buzz" is all about with Neurocore. Nick Bohuis, Director of Clinical Operations, will provide information on the Neurocore Brain Performance Centers and share scientific evidence on how this drug free training exercise program is working and how "you can train the brain".

Location: Assumption Cultural Center 21800 Marter Rd, St. Clair Shores

August 8 6:30-8:00pm

Making Great Choices When Buying Toys

Whistle Stop Hobby & Toy Inc invites you to join their staff and Kids on the Go Therapists as we help you select toys and products that are developmentally appropriate, multisensory, and educational.

Location: Whistle Stop Hobby & Toy Inc (21714 Harper, St. Clair Shores)